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- SIRT1 facilitates primordial follicle recruitment independent of deacetylase activity through directly modulating *Akt1* and *mTOR* transcription
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- 28 Running title: SIRT1 regulates primordial follicle activation
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## 31 Nonstandard Abbreviations

32	SIRT1	Sirtuin 1
33	PFs	primordial follicles
34	POI	premature ovarian insufficiency
35	PCOS	polycystic ovarian syndrome
36	IVA	in vitro activation
37	IVF	in vitro fertilization
38	dpc	days post coitum
39	dpp	days postpartum
40	pGCs	pregranulosa cells
41	RSV	resveratrol
42	PI3K	phosphatidylinositol 3-kinase
43	mTOR	mammalian target of rapamycin
44	Foxo3a	forkhead box o3a
45	PTEN	phosphatase and tensin homologue
46	TSC1/2	tumour suppressor tuberous sclerosis complex 1/2
47	mTORC1	mechanistic target of rapamycin complex 1
48	Kitl	Kit ligand
49	Foxl2	forkhead box 12
50	PMSG	pregnant mares serum gonadotropin
51	hCG	human chorionic gonadotropin
52	ITS	insulin-transferrin-selenium solution
53	FBS	fetal bovine serum
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## 58 Abstract

In female mammals, the majority of primordial follicles (PFs) are physiologically 59 60 quiescent, and only a few of them are activated and enter the growing follicle pool. Specific molecules, such as mTOR and AKT, have been proven to be important for PF 61 activation. However, how the transcription of these genes is regulated is not clear. 62 Although activators of mTOR or AKT have been successfully used to rescue the 63 fertility of patients with premature ovarian insufficiency, the low efficacy and unclear 64 65 safety profile of these drugs hinder their clinical use in the *in vitro* activation (IVA) of PFs. 66

67 Here, SIRT1, an NAD-dependent deacetylase, was demonstrated to activate 68 mouse PFs independent of its deacetylase activity. SIRT1 was prominently expressed in pregranulosa cells and oocytes, and its expression was increased during PF 69 activation. PF activation was achieved by either upregulating SIRT1 with a specific 70 activator or overexpressing SIRT1. Moreover, SIRT1 knockdown in oocytes or 71 pregranulosa cells could significantly suppress PF activation. Further studies 72 73 demonstrated that SIRT1 enhanced both Akt1 and mTOR expression by acting more as a transcription cofactor, directly binding to the respective gene promoters, than as a 74 deacetylase. Importantly, we explored the potential clinical applications of targeting 75 76 SIRT1 in IVA via short-term treatment of cultured ovaries from mice and human ovarian tissues to activate PFs by applying the SIRT1 activator resveratrol (RSV). 77 RVA-induced IVA could be a candidate strategy to develop more efficient procedures 78 for future clinical treatment of infertility. 79

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- **Key words:** Primordial follicle; SIRT1; *Akt1; mTOR; in vitro* activation; Resveratrol
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## 84 Introduction

In females, follicles are the basic functional unit that supply mature oocytes 85 throughout their reproductive life. Follicle development starts early in life when 86 primordial follicles (PFs) are formed [1], and only a few dormant PFs are 87 progressively recruited into the growing pool. Therefore, the rate of quiescent PF 88 activation into immature oocytes is a critical process that determines the ovarian 89 reserve and fertility life span. Disorders of initial PF recruitment lead to various 90 91 ovarian diseases, including premature ovarian insufficiency (POI), which is diagnosed 92 by amenorrhea before 40 years of age [2].

A PF consists of a meiotically arrested oocyte and flattened pregranulosa cells 93 (pGCs). Previous studies have suggested that during the transformation of PF to 94 primary follicles, cellular changes first occur in the pGCs and then in the oocyte [3]. 95 96 In the past ten years, conditional gene knockout in mouse models have further shown that the initial recruitment of PFs is regulated by numerous signaling molecules. In 97 oocytes, phosphatidylinositol 3-kinase (PI3K) and mammalian target of rapamycin 98 99 (mTOR) signaling pathways play important roles in PF activation because conditional knockout of forkhead box o3a (Foxo3a), phosphatase and tensin homologue (PTEN), 100 and tumor suppressor tuberous sclerosis complex 1/2 (TSC1/2) in oocytes triggers 101 massive oocyte activation [4-12]. Based on a series of mouse models, Zhang et al. 102 suggest that pGCs initiate PF activation and govern the development of dormant 103 oocytes by triggering mechanistic target of rapamycin complex 1 (mTORC1)-Kit 104 ligand (Kitl) signaling to activate the PI3K signaling pathway, which consequently 105 activates dormant oocytes [13]. 106

For POI patients, only limited number of individual successfully conceived despite undergoing diverse hormone therapies and ovulation induction treatments, including a full *in vitro* fertilization (IVF) cycle [14, 15]. Preovulatory follicles are a prerequisite for IVF; Unfortunately, POI patients have a relatively limited numbers of preovulatory follicles, although relatively rich resources of PFs are available in the ovaries. Thus, developing new methods for treating infertility by making good use of the patients'own PFs store will be favorable for such patients. In line with this, *in* 

*vitro* activation (IVA) was invented and has become an indispensable technique for 114 performing IVF in POI patients and cancer survivors via auto/allo-transplantation of 115 activated PFs in ovarian tissues to produce mature oocytes during assisted 116 reproduction procedures [16-22]. While the idea is promising, the present strategies 117 for the IVA of PFs are quite inefficient, complex and costly. Patients must undergo 118 two surgeries to accomplish one IVA cycle [18, 20]. Meanwhile, it is still uncertain 119 whether there are potential negative effects of the drugs on oocyte quality [23, 24]. 120 121 Therefore, the use of safer medicines, execution of less invasive procedures, easier recovery of oocytes and avoidance of complications related to prior pelvic surgery 122 and adhesive disease are the key points to be resolved before the IVA technique can be 123 widely used in the clinical setting. 124

Sirtuins could be potential targets for therapeutic applications in reproductive 125 medicine [25]. Sirtuin 1 (SIRT1) is an NAD-dependent deacetylase that requires 126 NAD<sup>+</sup> as a cofactor and functions by deacetylating intracellular targets, including 127 transcription factors, signaling molecules and chromatin histones [26-29], all of which 128 129 consequently play important roles in various pathophysiological processes such as cellular senescence/aging, apoptosis/proliferation and human longevity [30-32]. 130 SIRT1 regulates the proliferation and apoptosis of ovarian granulosa cells [33]. 131 Interestingly, it is also required in male germ cells for differentiation and fecundity in 132 mice [34-36], suggesting that SIRT1 may participate in the regulation of germ cell 133 development. Resveratrol (RSV), the natural polyphenolic compound activator of 134 SIRT1 [37], promotes the activation of ovine PFs in vitro [38]. Therefore, given the 135 multiple roles of SIRT1, it is likely a candidate drug for regulating early follicle 136 development. However, the underlying function and mechanism of SIRT1 in PF 137 activation is unclear. 138

In this study, we demonstrated that during PF initial recruitment, enriched SIRT1 expression in both pGCs and oocytes triggers the progressive activation of dormant PFs into growing follicles in mice. In pGCs, SIRT1 actively regulates the differentiation of pGCs into granulosa cells, while in dormant oocytes, SIRT1 triggers PTEN-PI3K-AKT signaling which then activates PFs. Interestingly, SIRT1 triggers PF activation not through its deacetylase activity *in vitro* but rather as a transcription
cofactor. We further demonstrated that RSV could be a candidate drug for IVA of
human PFs.

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## 148 Materials and Methods

## 149 Animal treatment and ovary collection

Adult female CD-1, C57BL/6J and NOD-SCID mice were purchased from 150 Beijing Vital River Laboratory Animal Technology Co., Ltd. and bred to male mice of 151 the same strain. CD-1 mice were used in all of the experiments except as otherwise 152 noted. For experiments involving the in vitro activation of mouse PFs, female 153 C57BL/6J mice were used as donors and recipients. NOD-SCID female mice were 154 used as the recipients for experiments involving the in vitro activation of human PFs. 155 For the in vitro fertilization experiments, C57BL/6J mice were used as sperm donors 156 or superovulated mice. Mice were housed under controlled lighting (12 h light/12 h 157 dark) and temperature (22-24°C) conditions and provided free access to food and 158 water. Vaginal plug detection was considered 0.5 days post coitum (dpc), and the first 159 12 h after birth was considered 0 days postpartum (dpp). All procedures were 160 conducted in accordance with the guidelines of and approved by the Animal Research 161 162 Committee of the China Agricultural University, P. R. China. Human ovarian cortex fragments were obtained from patients with polycystic ovarian syndrome (PCOS). 163 Informed consent from the patient and approval from the Human Subject Committee 164 of Shandong University and China Agriculture University were obtained. 165

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#### 167 Chemicals and *in vitro* ovary organ culture

Unless otherwise specified, all chemicals and reagents used in the present studywere purchased from R&D Systems, Minneapolis, MN, USA.

Mouse ovaries were cultured in 1.2 mL of DMEM/F12 media (Thermo Scientific, USA) in a 6-well culture plate (NEST Biotechnology, China) at 37°C in an incubator containing 5% CO<sub>2</sub> with saturated humidity. The medium was supplemented with penicillin and streptomycin to prevent bacterial contamination and was changed every other day. Ovaries were randomly assigned to each group. The SIRT1 activator (RSV) and inhibitor (EX527) were both from Selleck (China). They were used to treat cultured 2 dpp ovaries from mice, which were further cultured for 2 or 3 days, while 1
dpp ovaries that had been transfected with either knockdown or overexpression
vectors of *Sirt1* were cultured for 3 days or 4 days before examination.

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## 180 Isolation of ovarian somatic cells and oocytes

2 dpp ovaries were cultured in the presence or absence of RSV for 2 days and 181 then incubated in 100 µL 0.25% trypsin solution at 37°C for 5-10 min. Ovarian 182 tissues were digested into single-cell suspensions, and the digestion reaction was 183 terminated by 20% fetal bovine serum (FBS). The cell suspension was centrifuged at 184 3000 rpm for 5 min at 4°C, after which the supernatant was discarded, and the 185 resulting pellet was resuspended in 1 mL phosphate-buffered saline (PBS). The cell 186 suspension was then centrifuged at 4°C and 3000 rpm for 5 min, and the supernatant 187 was discarded. Ovarian cells were resuspended in 500 µL DMEM/F12 supplemented 188 with 5% FBS and 1% modified insulin-transferrin-selenium (ITS) solution (51500056, 189 Life Technology, USA). The ovarian cell suspension was seeded into 24-well plates 190 191 and cultured in the presence or absence of RSV at 37°C and 5% CO2 for 3-4 h. The plates were gently shaken to lift any loosely adherent oocytes, and the supernatants 192 were collected for centrifugation to collect the oocyte components. The somatic cell 193 194 component that adhered to the culture plate was recovered by digestion using 0.25%trypsin. Collected cells were washed in PBS for further examination. 195

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### 197 Immunofluorescence and immunohistochemistry

198 Ovaries were fixed overnight in 4% paraformaldehyde, dehydrated through a graded series of ethanol, and then imbedded in paraffin. Embedded ovaries were 199 sliced into sections 5 µm thick. For immunofluorescence, sections were 200 deparaffinized and then rehydrated. After the sections were washed in PBS, they were 201 boiled in a microwave for 16 min in citrate buffer (10 mM sodium citrate, 0.05% 202 203 Tween 20, pH=6.0) for antigen retrieval. The sections were then blocked with 10% donkey serum followed by incubation with primary antibodies overnight at 4°C. 204 Subsequently, the sections were incubated with Alexa Fluor 488- or Alexa Fluor 205

555-conjugated secondary antibodies (Thermo Scientific, USA) at room temperature 206 for 60 min in PBS. Next, the sections were rinsed with PBS and stained with DAPI 207 208 for 1 min. Finally, 20 µL Vectashield mounting medium (Applygen, China) was applied to each slide, and the sections were sealed with a coverslip. 209 Immunohistochemistry was performed using Vectastain ABC kits and DAB 210 211 peroxidase substrate kits (Vector Laboratories, Burlingame, CA, USA) according to the manufacturers' protocols. A Nikon 80i or Nikon A1 camera was used to image the 212 immunofluorescent sections. An isotype-matched IgG was used as the negative 213 control. The antibodies used and their application are listed in Table S1. 214

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## 216 Histological sections and follicle counts

Ovaries were fixed in cold 4% paraformaldehyde for 24 h, embedded in paraffin, 217 218 and serially sectioned at  $5-\mu m$  (5 dpp ovaries) or  $8-\mu m$  (adult ovaries) thickness. The sections were stained with hematoxylin, and the number of follicles per ovary was 219 counted only when they contained oocytes with clearly visible nuclei. There were two 220 221 types of follicles in the ovaries: PF (a single oocyte surrounded by several flattened pregranulosa cells) and growing follicle (an enlarged oocyte surround by a mixture of 222 squamous and cuboidal somatic cells or an enlarged oocyte surrounded by one or 223 224 several layers of cuboidal granulosa cells).

Ovarian follicles at different stages of development, including primordial (type 2), primary (type 3), secondary (type 4 and 5), and antral (type 6 and 7) follicles, were counted in all sections of an ovary based on the well-accepted standards established by Pedersen and Peters [39].

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## 230 **Real-time PCR analysis**

Total RNA was isolated from ovaries with TRIzol reagent (Thermo Scientific, USA), and 1 µg of total RNA was used to synthesize cDNA according to the manufacturer's instructions (Thermo Scientific, USA). Real-time PCR using SYBR Green was performed on an ABI sequence detector system according to the manufacturer's protocol (Thermo Scientific, USA), and the expression of individual genes was normalized to the levels of  $\beta$ -actin. Three samples from the indicated stages were collected, and reactions were performed at least 3 times for each sample. The primers used are listed in Tables S2 and S3.

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### 240 Western blotting analysis

241 Ovaries were lysed with RIPA buffer (Cell Signaling, Danvers, MA, USA) containing 1 mM phenylmethylsulfonyl fluoride (Cell Signaling, Danvers, MA, USA). 242 243 Protein concentrations in each group were determined using a bicinchoninic acid assay reagent (Beyotime Biotechnology, China) according to the manufacturer's 244 recommendations. Equal amounts of protein per lane were separated by 245 electrophoresis through a 10% SDS-polyacrylamide gel. Proteins were transferred 246 onto PVDF membranes, and Western blotting was performed using the corresponding 247 antibodies. The antibodies used are listed in Table S1. 248

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## 250 RNA interference (RNAi) and gene overexpression

251 To ensure that the *Sirt1* knockdown and overexpression vectors would be transfected into the inner cells of mouse ovaries, every knockdown or overexpression 252 vector was first injected into isolated 1 dpp mouse ovaries using glass pipettes under a 253 254 stereomicroscope. After the ovaries were injected with the liquid, electrotransfection was performed by applying three 5-ms-long quasi-square pulses at a pulse-field 255 strength of up to 30 V/cm. Both the Sirt1 knockdown and cell-specific knockdown 256 vectors were purchased from Thermo Scientific Inc., with the following knockdown 257 sequence: AGTGAGACCAGTAGCACTAAT. The control shRNA vector contained a 258 259 scrambled siRNA sequence that did not specifically target any known mouse mRNA sequences. The ovaries were then cultured for either 3 days to test the knockdown or 260 overexpression efficiency at the mRNA and protein level or 4 days for histological 261 examination and follicle counting. 262

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## 264 Chromatin immunoprecipitation (ChIP)

265 ChIP assays were performed using a MAGNA ChIP kit (Merck, Germany)

according to the manufacturer's protocol. Immunoprecipitation was performed with crosslinked chromatin from 4 dpp mouse ovaries and either 8  $\mu$ L anti-SIRT1 antibody or 1  $\mu$ L normal mouse IgG (Merck, Germany). The enriched DNA was quantified by real-time PCR. The primers used are listed in Table S4.

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### 271 Plasmid construction

To overexpress the *Sirt1* gene, wild-type *Sirt1* and the point mutant SIRT1-H355Y were cloned into pCMV-C-His (D2650, Beyotime, China). Golden Star T6 Super PCR mix was purchased from Beijing Tsingke Co., Ltd. All of the constructs were verified by sequencing. The primers used are listed in Tables S5 and S6.

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### 278 *In vitro* activation of follicles and fresh tissue transplantation

For mice, 35 dpp ovaries were cut into 4 pieces on average, while for humans, the ovarian cortex was isolated and cut into small cubes ( $\approx 1.5 \text{ mm}^3$ ) before incubation. The fragments or the whole ovaries from 5 dpp mice were first incubated with RSV for 30 min. Then, the ovaries were transferred into basal medium for an additional 12 h, and variations in PI3K and mTOR expression were detected.

To observe the effect of IVA on follicle development *in vivo*, ovaries were first treated with RSV for 30 min, transplanted under the kidney capsule of recipient mice, and allowed to develop for an additional 14 days. For the convenience of comparison, paired ovaries (treated and untreated) from the same donor were transplanted under separate sides of the kidney capsule in the same ovariectomized adult (8-week-old) recipient. All of the *in vitro* incubations were performed under standard culture conditions at 37°C in 5% CO<sub>2</sub> with saturated humidity.

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## 292 In vitro fertilization

One day after transplantation, mice transplanted with 5 dpp ovaries were treated daily with 2 IU pregnant mare serum gonadotropin (PMSG) (110044564, Ningbo Sansheng Pharmaceutial, China). Recipient mice were sacrificed at 14 or 18 days after

transplantation; the latter group was injected with 10 IU hCG (110041282, Ningbo 296 Sansheng Pharmaceutial, China) and killed 14-16 h later to harvest MII oocytes. MII 297 oocytes collected from superovulated mice served as a positive control. Sperm were 298 incubated in HTF medium under mineral oil for 1 h. Sperm  $(1-5 \times 10^5)$  were added to 299 100 µL HTF medium containing MII oocytes for 6 h, after which any inseminated 300 oocytes were removed into 50 µL droplets of KSOM media (MR-020P-5F, Millipore, 301 USA) under mineral oil and incubated for 96 h. All of the incubations were performed 302 under standard culture conditions at 37°C in 5% CO<sub>2</sub> with saturated humidity. 303

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## 305 Statistical analysis

## All experiments were repeated at least three times, and the values are presented as the means $\pm$ SEM. The data were analyzed by t test or ANOVA, and differences were considered statistically significant at P < 0.05.

309 **Results** 

## 310 Spatiotemporal expression of SIRT1 correlates with follicular initial recruitment

To clarify the expression pattern of SIRT1 in the ovaries of newborn mice, immunohistochemistry assays were performed and showed that SIRT1 was expressed in the nuclei of both pGCs and oocytes (Fig. 1A). In addition, reverse transcription real-time PCR (RT-qPCR) and Western blotting analyses demonstrated that the mRNA and protein levels of *Sirt1* were both elevated from 5 dpp to 7 dpp compared to the levels in 3 dpp ovaries (Fig. 1B and 1C). Therefore, elevated SIRT1 expression in the newborn mouse ovaries was closely related to the initiation of PF recruitment.

Subsequently, to investigate the function of SIRT1 during PF activation, an in 318 vitro ovary culture system was employed. Based on this model, either RSV (a specific 319 activator of SIRT1) or a CMV-driven Sirt1-overexpression (Sirt1-OE) vector was 320 introduced into cultured ovaries. Briefly, either 2 dpp mouse ovaries were cultured 321 with RSV (40 µM) for 1-3 days or 1 dpp ovaries were injected with a Sirt1-OE vector 322 and cultured for 3-4 days. Importantly, as the level of SIRT1 was elevated, ovarian 323 growth was accelerated (Fig. S1 A-C), and significantly more growing follicles were 324 found in the treatment groups than in the respective control groups. The whole-ovary 325 quantitative data further supported the findings (Fig. 1D-G and Fig. S1 D-E). These 326 results confirmed the speculation that SIRT1 enrichment in both pGCs and oocytes 327

328 participates in the initial recruitment of PFs.

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## SIRT1 activates PF development independent of its deacetylase activity

To further verify the regulatory role of SIRT1 in initial follicular recruitment, we 331 used EX527, an inhibitor of SIRT1 (Fig. S2), to specifically block its deacetylase 332 activity in vitro. Unexpectedly, when 2 dpp ovaries were cultured with EX527 (1.5 333  $\mu$ M) for 3 days, the number of growing follicles was significantly greater than that in 334 the control condition (Fig. 2A and 2B), suggesting that EX527 stimulated PF 335 336 development. To validate the efficacy of EX527, we treated 2 dpp mouse ovaries with 337 EX527 for 2 days and then analyzed total ovarian protein content via Western blotting. EX527 treatment not only increased the acetylation level of H3K9 (H3K9ac), the 338 direct deacetylation site of SIRT1, but also sharply increased SIRT1 expression (Fig. 339 2C). Collectively, we hypothesized that when EX527 weakened SIRT1 deacetylase 340 341 activity, the ovary generates a negative feedback loop to upregulate SIRT1, and when SIRT1 was upregulated, it promoted PF activation. In other words, SIRT1 activated 342 PF development by augmenting SIRT1 expression instead of promoting its 343 deacetylase activity. 344

345 To further confirm this hypothesis, a *Sirt1* knockdown vector (*Sirt1*-KD) and a catalytically inactive mutant vector (SIRT1-H355Y) were constructed, which were 346 injected into 1 dpp ovaries and then cultured for an additional 4 days. There were 347 notably fewer activated follicles when either of these vectors was injected than the 348 number observed in the control condition after RNA interference (RNAi) (Fig. 2D and 349 2E). In contrast, the number of growing follicles increased significantly after 350 SIRT1-H355Y overexpression (Fig. 2G and 2H). In line with the decrease in SIRT1 351 after RNAi, a significant increase in H3K9ac was also detected (Fig. 2F), probably as 352 a consequence of the lack of deacetylase activity in these ovaries after gene silencing. 353 Alternatively, overexpression of the mutant SIRT1 plasmid resulted in no deacetylase 354 355 activity, and the level of H3K9ac was not changed, although the level of mutated SIRT1 was significantly high (Fig. 2I). These results confirm the hypothesis that the 356 activation of PFs is regulated by modifying SIRT1 expression. 357

Taken together, these results suggest that SIRT1 participates in PF activation independent of its deacetylase activity.

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# 362 SIRT1 triggers PF awakening by activating the PTEN-PI3K-AKT and 363 TSC1/2-mTOR signaling pathways

To uncover the mechanism by which SIRT1 affects PF activation, the response of two classical pathways, namely, the PTEN-PI3K-AKT and TSC1/2-mTOR signaling pathways (which have been proven to be pivotal for PF activation), were studied, as shown below.

Western blotting analyses showed that treatment with RSV or EX527 and 368 overexpression of the mutant SIRT1-H355Y significantly elevated the level of SIRT1 369 370 in mouse ovaries compared to that in the control (Fig. 3A and 3B). With the upregulation of SIRT1, the levels of phosphorylated and total AKT and mTOR 371 proteins were increased, whereas the levels of PTEN and TSC1 were decreased (Fig. 372 3A, 3B and S3A-S3D). AKT-dependent phosphorylation of Foxo3a promotes its 373 export from the nucleus to the cytoplasm when PI3K signaling is activated in oocytes. 374 375 Our results showed that p-Foxo3a was increased after treatment with RSV or EX527 or overexpression of the mutant SIRT1-H355Y (Fig. 3C-3E). Foxo3a translocation to 376 377 the cytoplasm was significantly induced in primordial oocytes of the cortex region in RSV- and EX527-treated ovaries compared with that in the control. Whole-ovary 378 379 quantitative data for Foxo3a in the nucleus and cytoplasm further supported the findings (Fig. 3F, 3G, S3E and S3F), indicating that the PI3K signaling pathway was 380 soundly activated. To further verify the regulatory role of SIRT1 in the function of key 381 proteins, Sirt1 knockdown was performed, which led to a reduction in the expression 382 of mTOR and AKT both at the phosphorylated and total protein levels and a decrease 383 in the expression of p-Foxo3a (Fig. 3H). This change was opposite to the effect of 384 SIRT1 activation assays. These results suggested that SIRT1 regulated the 385 PTEN-PI3K-AKT and TSC1/2-mTOR signaling pathways. 386

To explore how the key proteins were regulated, we performed RT-qPCR analyses and the results showed that RSV, EX527 and *Sirt1*-OE treatments changed the expression of these genes, including *mTOR*, *Akt1*, *Tsc1*, *Kit* and *Kitl*, at the transcriptional level (Fig. 3H and S3G). *Sirt1* knockdown was also performed, and the expression of these genes at the transcriptional level was opposite the expression observed in the SIRT1 activation assays. (Fig. 3J). These results suggest that SIRT1 regulates the transcription of related genes.

In summary, these findings confirmed that both the PTEN-PI3K-AKT-Foxo3a and TSC1/2-mTOR signaling pathways within the mouse ovary were activated with the increased levels of SIRT1, thereby facilitating PF activation.

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# 398 SIRT1 in granulosa cells and oocytes synergistically regulates primordial399 follicular activation

To determine the effects of SIRT1 in pGCs and oocytes on PF activation, an assay 400 specifically silencing Sirt1 in either pGCs or oocytes was performed. Following 401 procedures resembling those of systematic RNAi treatment in the whole ovary, a 402 cell-type-specific knockdown vector with a GFP tag was constructed (Fig. S4A). First, 403 404 immunofluorescence staining indicated that both knockdown vectors worked well in our in vitro culture system, in which GFP expression was driven by either the Foxl2 405 promoter in pGCs or the Gdf9 promoter in oocytes (Fig. 4A). Second, after 1 dpp 406 mouse ovaries were injected with either the Foxl2-Sirt1-shRNA or Gdf9-Sirt1-shRNA 407 vectors and cultured for 4 days, the ovaries in both treatment groups exhibited 408 409 significantly less follicular activation in the cortical regions than did the ovaries in the respective control groups (Fig. 4B and S4B). This result implied that SIRT1 expressed 410 in pGCs and oocytes is involved in the activation of PFs. 411

To elucidate which signaling pathways are regulated by SIRT1 in granulosa cells 412 413 and oocytes, we performed RT-qPCR after the cell-type-specific plasmids were transfected into mouse ovaries. The results showed that Foxl2-driven Sirt1 414 knockdown led to a significant decrease in *mTOR* and *Kitl* expression and an increase 415 in Tsc1 expression in pGCs, while Gdf9-driven Sirt1 knockdown caused a decrease in 416 *mTOR*, *Akt1*, and *Kit* expression and an increase in *Pten* expression in oocytes (Fig. 417 4C). These results suggested that SIRT1 regulates PF activation via the mTOR 418 signaling pathway in pGCs, whereas SIRT1 affects oocyte growth by activating the 419 PI3K and mTOR signaling pathways. 420

To further confirm the synergistic regulation of SIRT1 in granulosa cells and 421 oocytes, 2 dpp ovaries were cultured for 2 days in the presence or absence of RSV, 422 423 and somatic cells and oocytes were isolated to detect changes in related molecules. The results showed that the isolation of somatic cells and oocytes was feasible (Fig. 424 S5). The transcription of Akt1 and Kit was increased while that of Pten was decreased 425 in oocytes with upregulated Sirt1 expression. By contrast, the transcription of mTOR 426 and Kitl was increased and that of Tsc1 was decreased in granulosa cells with 427 upregulated *Sirt1* expression; *Akt1* expression was not changed in granulosa cells with 428 upregulated Sirt1 (Fig. 4D). This finding suggested that SIRT1 enhanced the 429

transcription of *mTOR* in granulosa cells, which produce more Kitl; Kitl activates the
PI3K pathway in oocytes by binding to Kit, leading to nuclear exclusion of Foxo3a
and activation of PFs. Meanwhile, SIRT1 also enhanced the transcription of *mTOR*and *Akt1* in oocytes and the activation of dormant oocytes. Therefore, SIRT1
promoted both pGC and oocyte development.

435

## 436 SIRT1 directly binds to the respective promoters of *Akt1* and *mTOR*

Next, we investigated whether SIRT1 governs PF activation by directly binding 437 to the promoters of Akt1, mTOR, Pten or Tsc1 to regulate their transcription. First, 438 freshly collected 4 dpp mouse ovaries were used to perform chromatin 439 immunoprecipitation (ChIP)-qPCR. The DNA fragments that immunoprecipitated 440 with the anti-SIRT1 antibody were amplified with approximately 10 pairs of primers 441 targeting the regions within 2000 bp of the promoter sequences of Akt1, mTOR, Pten 442 or *Tsc1*. The results indicated strong binding of SIRT1 to the promoter regions of both 443 Akt1 and mTOR (-486 to -641 bp and -435 to -563 bp from the start of transcription, 444 445 respectively) (Fig. 5A and 5B). In contrast, SIRT1 binding to the promoter regions of Pten and Tscl was weak without exception (Fig. 5C). The results suggested that 446 447 SIRT1 bound to the Akt1 and mTOR promoters, which consequently modulated the 448 transcription of the *Akt1* and *mTOR* genes.

449

## 450 Transient resveratrol treatment leads to IVA of mouse and human PFs

To clarify the potential usage of RSV in the IVA of mice and humans, serial 451 studies were designed. First, RSV was applied for IVA in 5 dpp and 35 dpp mouse 452 ovaries. Western blotting results showed that the transient RSV treatment significantly 453 increased the levels of total and phosphorylated AKT and mTOR protein in each assay; 454 these increases were also accompanied by elevated SIRT1 protein levels accordingly 455 (Fig. 6A and 6B). Meanwhile, 5 dpp and 35 dpp mouse ovaries displayed greater 456 nucleocytoplasmic transport of Foxo3a in PFs after RSV treatment than did ovaries 457 from in the respective control groups (Fig. 6C, 6D, S5A and S5B). Taken together, 458 these results suggest that transient RSV treatment simultaneously activated the PI3K 459 and mTOR signaling pathways in cultured mouse ovaries. 460

To further verify the developmental capacity of the presumably activated mouse ovaries after RSV treatment, ovaries were transplanted under the kidney capsule of ovariectomized adult recipient mice (8 weeks old) and monitored for 14 days. In the

cortical region of the 5 dpp and 35 dpp ovaries, numerous activated follicles were 464 observed in the RSV treatment group in contrast to the fewer PFs available in the 465 respective control groups (Fig. 6E, 6F, S5C and S5D). The size and weight of the 5 466 dpp ovaries increased significantly in the RSV-treated groups compared with the 467 paired controls after 14 days in response to a daily injection of 2 IU PMSG (Fig. 6G 468 and 6H). Meanwhile, ovarian histology analysis and follicular count revealed the 469 presence of antral follicles in RSV-treated ovaries but not in ovaries from the control 470 groups (Fig. 6I and S5E). These results suggested that transient RSV treatment 471 472 accelerated follicular development in vitro.

473 To prove the maturity and the developmental capacity of oocytes obtained from RSV-activated PFs, oocytes at the MII stage of meiosis collected from the 474 RSV-treated ovaries after hCG injection were processed for IVF and early embryonic 475 culture in vitro. MII oocytes collected from normal superovulating wild-type mice 476 477 served as a positive control. The results showed that more MII oocytes were collected from the RSV-treated ovaries than from the ovaries that did not receive RSV 478 479 treatment. while RSV-treated ovaries successfully fertilized oocytes from RSV-activated follicles could develop into blastocysts (Fig. 6J). The IVF ratios and 480 481 early embryonic development were not significantly different from those in oocytes 482 harvested with traditional IVF methods (Fig. 6K). The results suggested that transient RSV treatment could activate PFs in vitro without causing any side effects on mouse 483 oocyte quality. 484

Next, we studied whether RSV can be applied to the IVA of human PFs. To 485 confirm whether the cellular localization of SIRT1 during the early follicular 486 development of human ovaries was similar to that of mice, an immunostaining assay 487 was first performed. The results showed that SIRT1 was also expressed in the nuclei 488 of both pGCs and oocytes (Fig. 7A). Western blotting showed that transient RSV 489 treatment significantly activated both AKT and mTOR protein expression in treated 490 491 human ovarian tissues (Fig. 7B and 7C). The in vivo transplantation assay showed that the number of activated PFs within RSV-treated ovarian tissue pieces was increased at 492 14 days after transplantation (Fig. 7D and Table S1). The results suggest that transient 493 RSV treatment was also effective for the IVA of human PFs in vitro. 494

495 Collectively, these results demonstrated that SIRT1 facilitates PF recruitment by 496 directly modulating *mTOR* and *Akt1* transcription and that transient RSV treatment 497 was able to induce PF growth *in vitro*. Thus, RSV could be a potential drug for 498 performing IVA treatment in eligible patients (Fig. 8).

## 499

## 500 Discussion

501 The IVA technique represents a paradigm shift in fertility care [22]. The study of initial PF recruitment could help in the development of more effective IVA candidate 502 drugs. Here, SIRT1 was shown to be pivotal in regulating the levels of key PI3K and 503 mTOR signaling proteins simultaneously within a PF during the initial recruitment 504 505 phase. Interestingly, SIRT1-induced activation of PFs does not depend on its deacetylase activity but rather on its function as a transcription cofactor in modulating 506 the expression levels of genes related to classical PF activation. More importantly, as 507 one of the activators of SIRT1, RSV is a promising candidate drug that can efficiently 508 activate the PFs of mice and humans in vitro, which may contribute to reducing 509 510 surgical procedures required and the costs of IVA.

According to the most recent studies, pGCs initiate PF activation and govern the 511 development of dormant oocytes by triggering mTORC1-Kitl signaling inside somatic 512 513 cells. After Kitl binds to its receptor on the oocyte membrane, it activates the PI3K signaling pathway to stimulate dormant oocytes [11]. Regarding mTOR, which is 514 systematically expressed in oocytes and granulosa cells [6-8, 11, 42], serial studies 515 have demonstrated its indispensable roles in regulating PF activation. Interestingly, 516 mTOR expression in pGCs triggers follicular activation through Kitl-Kit signaling 517 [11], whereas our study showed that overactivation of mTOR signaling in the oocytes 518 of PFs leads to a global activation of the follicular pool. Impressively, SIRT1 519 regulates the transcription of *Akt1* and mTOR simultaneously and then accelerates PF 520 activation. This finding contributes to a deeper understanding of the process of PF 521 activation. 522

As a member of the NAD<sup>+</sup>-dependent class III histone deacetylases, SIRT1 plays diverse physiological roles as an enzyme and a repressor of gene transcription. However, cumulative evidence has indicated that SIRT1 is also involved in assisting gene transcription independent of its enzymatic activity [43-45]. For instance, SIRT1 enhances the transcription of the glucocorticoid receptor (GR) in a deacetylase activity-independent fashion [45]. In agreement with these findings, our study also provided evidence demonstrating that SIRT1 activates dormant PF development independent of its deacetylase activity but rather acts as a transcription cofactor that assists the expression of multiple genes related to PF activation. Collectively, these data indicate that SIRT1 actively takes part in the activation of PFs more as a general indirect gene transcription enhancer than as a specific enzyme.

The functions of SIRT1 in the ovaries of rodents seem to be completely different 534 depending on how the ovaries were treated, including the concentration of SIRT1 535 used and whether the ovaries were treated in vitro or in vivo [46-49]. Here, after 536 applying different activators and upregulated/downregulated expression systems of 537 SIRT1, we have proven that SIRT1 is actively and highly efficiently involved in the 538 activation of PFs in vitro, in which mTOR and AKT were upregulated. Our results are 539 540 consistent with previous reports of successful IVA treatments in mice and humans [16, 18-20, 50]. Interestingly, a series of in vivo studies in rodents stated that activated 541 SIRT1 contributes to preserving age-related reproduction potential [46-49]. They 542 543 found that in aging mice treated with RSV, in fat mice treated with SRT1720, and even in ZP3-drivern transgenic Sirt1 mice, the reproductive span was longer than that 544 in the respective control mice. Regarding the possible mechanism for this extension of 545 reproductive function, Luo et al. believe that the downregulation of mTOR and 546 activation of Foxo3a within ovaries may be the key point for the preservation of 547 mouse fertility by increasing PF numbers [47, 49]. However, the authors did not 548 provide direct evidence demonstrating that SIRT1 prevents PF activation. 549 Coincidentally, Su et al. proved that conditional knockout of *mTOR* in nongrowing 550 551 primordial oocytes results in defective follicular development leading to the progressive degeneration of oocytes and granulosa cell transdifferentiation [42]. 552 Collectively, much work is needed before one can clearly explain the time- and 553 dose-dependent actions of SIRT1 in various conditions. 554

The IVA approach has opened a new window for POI and cancer patients who desire to conceive their own genetic children; however, it has also aroused concerns regarding its efficacy and safety. The existing IVA strategy requires *in vitro* incubation

of ovarian tissue for longer than 24 h. An adverse effect of this treatment is that the 558 patients have to undergo two laparoscopic surgeries, which not only can increase 559 560 complications in patients but is costly and time consuming. In addition, the potential negative effects of the drugs on the quality of oocytes raise major concerns [22]. 561 Fortunately, our recently published data showed that activating oocyte-specific cell 562 division cycle 42 (CDC42) positively influences the IVA procedure with highly 563 efficient outputs in mice, which reduces the incubation time to 30 min [50]. 564 Coincidentally, we have proven that the IVA procedures for the treatment of ovarian 565 tissue in mice as well as in humans can be reduced to 30 min by administering RSV. 566 Last but not least, our results showed that oocytes from RSV-treated ovaries could 567 successfully develop into blastula, which is in line with reports stating that RSV 568 improves the *in vitro* maturation of oocytes and enhances oocyte quality in aged mice 569 and humans [46, 51]. In conclusion, the application of RSV in the clinic could be a 570 more efficient and attractive strategy of IVA. 571

In summary, we have reported that global activation of SIRT1 in pGCs and oocytes initiates the progression of PF activation in the mammalian ovary under *in vitro* conditions. The results presented here provide a better understanding of ovarian physiology and pathology. In addition, applying RSV during the IVA procedure could make the technique safer, cheaper and more promising in clinical practice.

577

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591

## 592 Author contributions

Zhang T, Du X, and Zhao L. performed most of the experiments and wrote the
manuscript. He M, Lin L, Guo C, Zhang X, Han J, Huang K, Sun G, Yan H, Yan Lei
and Zhou B performed part of the experiment. Qin Y provided human ovarian
fragments. Wang C and Xia G supervised the whole project and wrote the manuscript.
All authors read and approved the final manuscript.

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778 Figure legends

# Figure 1 SIRT1 is spatiotemporally expressed in the ovaries of postnatal mice and promotes PF activation

(A) Immunostaining reveals the cellular localization of SIRT1 in the ovaries of
postnatal mice. Sections from ovaries on different days were labeled for the presence
of SIRT1 (green), the oocyte marker MVH (red) and the nuclear marker DAPI (blue).
SIRT1 was expressed in the nuclei of both pGCs and oocytes. Scale bar = 25 μm.

(B) Relative *Sirt1* expression levels in mouse ovaries on different postnatal days as measured by RT-qPCR and normalized to the levels of  $\beta$ -actin. The mRNA levels from 19.0 dpc ovaries were set to 1. (C) Western blotting analysis of SIRT1 protein levels in the ovaries of postnatal mice on different days.  $\beta$ -actin served as a loading control.

(D) Representative images showing accelerated initial follicular recruitment in 790 RSV-treated ovaries compared to that in controls. 2 dpp ovaries were cultured for 3 791 days. The red arrows indicate growing follicles. Scale bar =  $100 \,\mu\text{m}$ . (E) Whole-ovary 792 793 counting data from serial sections showed a significant increase in the number of growing follicles and an unchanged total number of follicles in RSV-treated ovaries 794 compared to those in control ovaries. 2 dpp ovaries were cultured for 3 days. (F) 795 796 Relative Sirt1 mRNA levels in control and Sirt1-OE ovaries as measured by RT-qPCR. 1 dpp ovaries were injected with or without Sirt1-OE vectors and cultured for 3 days. 797 The expression levels are normalized to those of  $\beta$ -actin. The mRNA level of the 798 control ovaries is set as 1. (G) Representative images showing that Sirt1 799 overexpression accelerated PF activation. 1 dpp ovaries with or without Sirt1-OE 800 801 vectors were cultured for 4 days. The red arrows indicate growing follicles. Scale  $bar = 100 \ \mu m.$ 802

803

# Figure 2 SIRT1 facilitates follicular activation independent of its deacetylase activity

(A) Representative images showing accelerated follicular activation in EX527-treated
ovaries compared to that in the controls. The red arrows indicate growing follicles.

Scale  $bar = 50 \,\mu\text{m}$ . (B) Whole-ovary counting data from serial sections showed a 808 significant increase in the number of growing follicles and a slight but not significant 809 decrease in the total number of follicles in EX527-treated ovaries compared with 810 those in the controls. (C) Western blotting analyses showed that EX527 caused an 811 increase in both H3K9ac and SIRT1 protein levels. (D) Representative images 812 showing abrogated PF activation in *Sirt1-KD*-treated mouse ovaries compared with 813 that in the controls. The red arrows indicate growing follicles. Scale bar =  $100 \,\mu\text{m}$ . (E) 814 Whole-ovary counting data from serial sections showed a significant decrease in the 815 number of growing follicles and a slight but not significant increase in the total 816 817 number of follicles in *Sirt1*-KD-treated ovaries compared with those in the controls. (F) Western blotting analyses showed that Sirt1-KD caused a decrease in SIRT1 and 818 an increase in H3K9ac protein levels. (G) Representative images showing accelerated 819 820 follicular activation in SIRT1-H355Y-overexpressing ovaries compared to that in the controls. The red arrows indicate growing follicles. Scale  $bar = 50 \mu m$ . (H) 821 Whole-ovary counting data from serial sections showed a significant increase in the 822 823 number of growing follicles and a slight but not significant decrease in the total number of germ cells in the SIRT1-H355Y-overexpressing ovaries compared with 824 those in the controls. (I) Western blotting analyses showed that SIRT1-H355Y 825 overexpression induced an increase in SIRT1 protein levels but that H3K9ac was 826 unchanged.  $\beta$ -actin served as a loading control. 827

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## 829 Figure 3 SIRT1 affects the mRNA expression of initial follicular 830 recruitment-related genes

(A-B) Western blotting analysis showed that RSV, EX527, and SIRT1-H355Y had the same effects on the protein levels of molecules related to initial follicular recruitment.  $\beta$ -Actin served as a loading control. (C-E) Western blotting analysis of total Foxo3a and p-Foxo3a protein levels in ovaries of control and RSV-, EX527- or SIRT1-H355Y-treated ovaries. B-actin served as a loading control. (F-G) Representative images show that both RSV and EX527 facilitated the translocation of Foxo3a from the nucleus (red arrows) to the cytoplasm (white arrows). Scale bar=50 438 μm. (**H**) Western blotting analysis of related molecules at the protein level in control and *Sirt1*-KD-treated mouse ovaries. β-Actin served as a loading control. (**I**) RT-qPCR analysis of gene expression in control and RSV- and EX527-treated ovaries. The expression levels are normalized to those of  $\beta$ -actin. The mRNA level of the control ovaries is set as 1. (**J**) RT-qPCR analysis of gene expression in control and *Sirt1*-KD-treated ovaries. Expression levels were normalized to those observed in the control ovaries.

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#### 846 Figure 4 Function and mechanism of SIRT1 in pregranulosa cells and oocytes

(A) Immunostaining revealed the cellular specificity of the knockdown system in 847 mouse ovaries. Sections from the Foxl2 promoter-driven or Gdf9 promoter-driven 848 vector-treated ovaries were labeled for the presence of GFP (green), MVH (red) and 849 DAPI (blue). Scale bar =  $50 \,\mu\text{m}$ . (B) Representative images showing retarded PF 850 activation in Foxl2-Sirt1-shRNA- and Gdf9-Sirt1-shRNA-treated ovaries compared 851 with that in the controls. The red arrows indicate growing follicles. Scale bar =200  $\mu$ m. 852 (C) RT-qPCR analysis of gene expression in the control and *Foxl2-Sirt1*-shRNA- and 853 Gdf9-Sirt1-shRNA-treated ovaries. The expression levels are normalized to those of 854  $\beta$ -actin. The mRNA level of the control ovaries is set as 1. (**D**) RT-qPCR analysis of 855 856 gene expression in oocytes and somatic cells from RSV-treated ovaries. The expression levels are normalized to those of  $\beta$ -actin. The mRNA level of the control 857 ovaries is set as 1. 858

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## 860 Figure 5 SIRT1 binds to the promoters of *Akt1* and *mTOR*

(A) Schematic diagram of the structures of the *Akt1* and *mTOR* promoters. Each rectangle denotes approximately 200 bp. Blue rectangles represent the *Akt1* and *mTOR* promoter-binding sequences for SIRT1. (B) ChIP-qPCR analysis showed that SIRT1 directly occupied the promoters of *Akt1* and *mTOR*. Data are presented as the fold change compared to IgG-enriched DNA fragments. (C) ChIP-qPCR analysis showed that SIRT1 weakly bound to the promoters of *Pten* and *Tsc1*. Data are presented as the fold change compared to IgG-enriched DNA fragments. 868

# Figure 6 Transient RSV treatment facilitates follicular development in IVA of the mouse ovary

(A-B) Western blotting analysis of the protein levels of related molecules in the 871 control and RSV-treated mouse ovaries. 5 dpp or 35 dpp mouse ovaries were treated 872 873 with RSV for 30 min, transferred into normal medium and incubated for 12 h.  $\beta$ -actin served as a loading control. (C-D) Representative images show that 5 dpp and 35 dpp 874 875 ovaries exhibited Foxo3a translocation from the nucleus (red arrows) to the cytoplasm (white arrows) after 30 min of incubation in RSV culture medium compared to 876 ovaries incubated in control medium. Scale bar=50 µm. (E-F) Representative images 877 show that RSV significantly facilitated follicular activation of 5 dpp and 35 dpp 878 mouse ovaries in IVA experiments. The red arrows indicate growing follicles, and the 879 green arrows indicate PFs. Scale bar=100 µm. (G-H) The ovarian size and weight. 880 The 5dpp ovaries were treated with RSV for 30 min and then transplanteded for 14 881 days. Scale bar=2 mm. (I) 5 dpp ovaries incubated with RSV for 30 min and 882 883 transplanted for 14 days. Hosts received daily i.p. injection of PMSG (2 IU/day) to promote follicle development. Scale bar=200 µm. (J) Early embryonic development 884 of RSV-treated oocytes after in vitro fertilization. Scale bar=1 µm. (K) IVF rate 885 (2-cell/mature oocytes) and blastocyst rate (blastocyst/2-cell). 886

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# Figure 7 Transient RSV treatment facilitates follicular development in IVA of the human ovary

(A) Immunostaining revealed the cellular localization of SIRT1 during early follicular 890 development of human ovaries. SIRT1 was expressed in the nuclei of both granulosa 891 cells and oocytes. Scale bar =  $25 \,\mu$ m. (B-C) RT-qPCR and Western blotting analysis of 892 the levels of related molecules in the control and RSV-treated human ovary fragments. 893 Human ovary fragments were treated with RSV for 30 min, transferred into normal 894 medium and incubated for 12 h. (D) Representative images show that RSV 895 significantly facilitated human PF activation in IVA experiments. The green arrows 896 indicate growing follicles, and the red arrows indicate PFs. Scale bar=25 µm. 897

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## 899 Figure 8 Working model for the role of SIRT1 during PF initial recruitment

900 (A) The systematically changed molecules concomitantly promote the activation of 901 PFs in the mouse ovary. In pGCs, SIRT1 directly binds to the promoters of either 902 mTOR gene to facilitate transcription, which mediates the transformation of 903 pregranulosa cells to granulosa cells. In oocytes, SIRT1 upregulates the transcription 904 of both mTOR and Akt1 by the same means as in pGCs. (B) Transient RSV treatment 905 could stimulate dormant PFs in humans and mice.













**IVF** rate

blastocyst rate

RSV Control 5dpp + 30min+14days/ PMSG



